

- Over 10 years' experience in occupational therapy with experience in both hospital and community settings.
- Specialised in neurological rehabilitation including polytrauma and complex care
- Experienced in neurological assessment, interventions and delivering goal focused therapy.



Key Expertise Areas

- Delivering community-based neurological rehabilitation for TBI
- Working closely with case managers, clients and multidisciplinary teams to support rehabilitation goals and goal setting.
- Supporting clients with community integration, functional rehabilitation and cognitive rehabilitation programmes.
- Managing clients with complex physical, cognitive, behavioural and psychological presentations.
- Conduct Mental Capacity Assessments
- Fatigue and sleep management programmes
- Support with returning to education
- Vocational rehabilitation; including young adults / transitions.
- Activities of daily living
- Access to community and leisure
- Upper limb assessments and hand therapy

Education

BSc (Hons) Occupational Therapy
University of Liverpool, 2016

Career Summary

- Rehabilitate Therapy LTD - Associate Occupational Therapist | May 2026
- Physical Health Psychology Team – Midlands Partnership NHS Foundation Trust
- Chronic Fatigue Syndrome Assessor | March 2026 – Present
- Midlands Partnership NHS Foundation Trust
- Specialist Occupational Therapist – Neurological Rehabilitation | 2020 – 2026
- University Hospitals of North Midlands NHS Trust. Senior Occupational Therapist / Rotational Occupational Therapist | 2017 – 2020
- Salford Royal Hospital. Occupational Therapist 2016 – 2017

Memberships

- HCPC registered
- Royal College of Occupational Therapists

“I love how as an occupational therapist I am able to facilitate clients to regain their independence for a meaningful and purposeful life”

Chloe Riley 2026