

- Over 20 years' occupational therapy experience with specialism in Brain Injury inpatient and community.
- Experience with Orthopaedics and polytrauma patients
- Experienced in traumatic and acquired brain injury from mild to severe injuries

Key Expertise Areas

- Assessment of function and goal orientated treatment planning; client centred approach
- Managing complex and varied caseloads
- Specialist fatigue management and sleep hygiene / education.
- Physical and cognitive rehabilitation following a brain injury
- Assessment and treatment of clients in a prolonged disorder of consciousness (PDOC)
- Supporting independent living and trials
- Specialist postural management of brain injury and neurological conditions
- Community access and return to leisure
- Vocational rehabilitation – supporting a return to work or education
- Specialist seating assessments
- Supporting recommendations for housing adaptations

Education

BSc (Hons) Occupational Therapy, University College, Northampton



Career Summary

- Band 7 Clinical Specialist Occupational Therapist, Gloucestershire Brain Injury Team, Gloucestershire Hospitals NHS Foundation Trust (2019 – present)
- Independent Occupational Therapist and Case Manager (ongoing)
- Band 6 Senior Occupational Therapist, Gloucestershire Brain Injury Team, Gloucestershire Hospitals NHS Foundation Trust (2010-2019)

Memberships

- HCPC registered
- Royal College of Occupational Therapists
- British Association of Brain Injury Case Managers (BABICM)

“I love how as an occupational therapist I am able to work holistically on client centred goals to assist people to achieve their potential”

Erica S 2026