

- Over 9 years' Occupational Therapy experience within the NHS and Social Care.
- Specialism in medical fitness to drive assessments. Assess and support driving with adaptations.
- Assess and rehab experience with brain injury, MSK and polytrauma.
- Experience in wheelchair and posture

## Key Expertise Areas

- Vehicle modifications and transfer equipment assessments.
- WAV assessments.
- Experienced in powered and manual wheelchair assessments.
- Postural and specialist seating assessments.
- Major housing adaptation assessments.
- Task analysis of activities of daily living, identifying suitable care packages and goal setting to promote independence.
- Provision/assessment of aids/adaptations.
- DFG applications and processes.
- MOCA Certificate
- Independent living skills
- Return to leisure activities and community.
- Vocational rehabilitation
- Fatigue management / education.
- Anxiety management.

## Education

BSc (Hons) Occupational Therapy, University of Derby 2017



## Career Summary

- Independent Occupational Therapist/Driving assessor (ongoing)
- Specialist Occupational Therapist/Driving Assessor at Derby DrivAbility (3 years)
- Occupational Therapist in NHS Wheelchair Services (5 years).
- Community reablement OT in Social Care.

## Memberships

- HCPC registered
- Royal College of Occupational Therapists

*“As an occupational therapist I love supporting people to regain independence and access meaningful activities”*

Tracey B 2026