rehabilitate therapy ltd

Charlotte W

Occupational Therapy Assistant

Key Expertise Areas

- Recognising individual priorities and values and working towards these in a client-centred and goal-focussed way
- Demonstrating empathy and emotional awareness to build therapeutic relationships, promoting independence and meaningful participation
- Strong communication skills supporting Multidisciplinary team working, clinical observation, monitoring and escalation, and clinical documentation
- Experienced in community rehabilitation and falls prevention, functional equipment and post-installation checks and understanding of frailty and postural seating

Education

- BSc (Hons) Occupational Therapy – Nottingham Trent University Current student – Expected 2028
- Access to Higher Education Diploma – Allied Health Professions
  Distinction – 2025
- Access to Higher Education Diploma – Criminal Justice and Policing
  Distinction – 2023



Career Summary

- Occupational Therapy Assistant – Rehabilitate Therapy Ltd 2026 – Present
- Bank Clinical Support Worker – SFH at Home, Sherwood Forest Hospitals NHS Foundation Trust October 2023 – Present
- Occupational Therapy Student Placement – Rehabilitation and Falls Team, Nottingham CityCare
  April – June 2026
- Healthcare Support Worker – Newark Hospital, Sherwood Forest Hospitals NHS Foundation Trust
  May – December 2023

"I feel it is a real privilege to get to know people, understand what matters most, and support them to take part in what is meaningful to them and their families. I find it incredibly rewarding to see how even small changes can make a real difference."

Charlotte, 2026