rehabilitate therapy ltd

Emily A

Clinical Specialist
Occupational Therapist

- Over 16 years' Occupational Therapy experience working with adults across acute hospital, community and private settings.
- Specialist experience in neurological rehabilitation including traumatic brain injury.
- Experienced in the assessment and rehabilitation of complex clients with cognitive, physical and functional difficulties.



Key Expertise Areas

- Clinical expertise in the rehabilitation of complex brain injuries, orthopaedic conditions and poly trauma.
- Neurological upper limb assess and treatment.
- ADLs and Independent Living Skills
- Fatigue management and sleep hygiene
- Routine, structure and engagement in meaningful activities.
- Experience with major and minor housing adaptations, equipment.
- Community integration and rehabilitation.
- Falls prevention and Dementia care.
- Seating, postural management and specialist wheelchair assessments.
- Vocational Rehabilitation.
- Supporting a return to driving.
- Cognitive assessment and intervention.
- Capacity assessments and contributing to best interest decisions.
- Paediatric OT experience with related areas.

Career Summary

- Clinical Specialist OT private practice, Rehabilitate Therapy (current).
- Clinical Specialist OT private practice, Munro Therapy Services (1 year).
- Band 6-7 Specialist OT, Community Stroke Team, ELHT (2 years)
- Band 6 OT Intermediate Care, Royal Bolton Hospital NHS FT (2 years)
- Band 6 OT, Acute Respiratory, BVTH (1 year)
- Specialist OT Team Leader Westmead Private Rehab Hospital Australia (4 years).
- Specialist OT Mayo Private Hospital Taree Australia (7 months)
- Band 6 OT Acute Medical BVTH (2 years)
- Band 5 Rotational OT Acute and Community, BVTH (3 years) / Bolton Hospital (6months).

Education

- BSc Occupational Therapy – University of Cumbria

Memberships

- Health & Care Professionals Council (HCPC).
- Royal College of Occupational Therapists (RCOT)

"I love how as an Occupational Therapist, I am able to help people find possibility in the things they once thought were no longer possible"

Emily A 2026