rehabilitate therapy ltd

Clare W

Occupational Therapy Assistant



Key Expertise Areas

- Person-centred assessment, care planning, and outcome-focused support
- Promoting independence, rehabilitation, and community inclusion
- Risk management, safeguarding, and health monitoring
- Communication, family liaison, and multidisciplinary working
- Assessment, documentation, progress monitoring, and adaptable support delivery

Education

- BTEC QCF Level 3 Certificate in Principles of Sales
- NVQ QCF Level 3 Diploma in Sales
- Advanced Level Apprenticeship in Sales and Telesales
- EDEXCEL English Level 2
- GCSE Qualifications

Professional Training:

- Care Certificate
- Oliver McGowan Mandatory Training on Learning Disability and Autism
- St John Ambulance First Aid Certificate
- Safeguarding Adults
- Epilepsy Awareness
- Diabetes Awareness
- Medication Awareness
- Autism and Learning Disabilities Awareness
- Food Hygiene
- Telecare and Assistive Technology Training

Career Summary

- **Case Management Support Worker, 3HUB** | 2025–2026: Supported individuals with complex needs to achieve independence, wellbeing, and personal goals.
- **Uber Driver** | 2023–2025: Delivered safe, customer-focused transport services with strong communication and problem-solving skills.
- **Care & Support Worker (Various Roles)** | 2021–2023: Supported people with learning disabilities, autism, mental health conditions, and complex needs.
- **Senior Partner Manager / Telecom Engineer, BT & Openreach** | 1997–2021: Progressed into senior leadership, managing service delivery, stakeholder relationships, and operational performance.
- **Auxiliary Nurse** | 1990–1994: Provided patient care and support within healthcare settings.

"Passionate about empowering individuals to overcome challenges, achieve their goals, and live as independently and confidently as possible"

Clare, 2026