rehabilitate therapy ltd

Hannah D

Occupational Therapy Assistant

Key Expertise Areas

- Using art and creative projects to support rehabilitation goals
- Delivering creative workshops for clients with brain injuries- Rehabilitate Therapy
- Involvement in Rehabilitate Therapy Client Community projects
- Experience with severe mental health, learning and physical disabilities
- Experience with all ages, including varying physical and emotional needs
- Support clients to access community based voluntary and leisure activities
- Promoting independent living skills
- Signposting and research work for clients
- Delivering person centred care in a therapeutic role
- Multi-agency and disciplinary work
- Maintaining safeguarding practice

Education

- MA Art Psychotherapy Practice (2023- 2025)
- BA Fine Art (2017-2020)
- A Level: Psychology, Art, and English Language (2015-2017)
- In service Rehabilitate training to meet core competencies



Career Summary

- OT Assistant, Rehabilitate January 2024-Present
- Art Therapist Trainee Placement (2023 – 2025)
- Supply Teaching Assistant (2023)
- Mental health support worker in Primary Care Network (2022)
- National Citizen Service (NCS) Team leader working with young people with Learning Disabilities (2021-2022)
- Voluntary work with Hull and East Yorkshire Mind, Sight Support Hull, Hull Age UK, and Preston Road Women's Centre (2020-2022)
- Developing and delivering creative mindfulness workshops for school age children

"It is a privilege to be part of an individual's journey through recovery and be able to empower clients to achieve incremental milestones".

Hannah 2025