rehabilitate therapy ltd

Kathy B

Clinical Specialist
Occupational Therapist

- Over 25 years' occupational therapy experience working with children and adults of all ages.
- Specialism in housing adaptation assessments, equipment provision and moving and handling
- Assessment and rehabilitation experience with clients with a variety of conditions; for example neuro, musculoskeletal, orthopaedic, mental health conditions, spinal injuries,



Key Expertise Areas

- Housing / Environmental assessment and reporting
- Assessment and management of the adaptation planning process
- Equipment assessment, recommendation and provision
- Assisting in the process of and co-ordination of hospital discharges
- DFG applications
- Seating and postural assessments and wheelchairs
- Manual handling, including sling assessments and a range of equipment including hoists.
- Assistive technology
- Knowledge of a wide range of vehicle adaptations.
- Assessment, rehabilitation and goal planning to promote independence and ADL.
- Managing fatigue and sleep
- Promotion of leisure and productive occupations

Education

BSc (Hons) in Sociology and education at York University
BSc (Hons) in Occupational Therapy from University of Wales, Cardiff.

Career Summary

Varied roles with Derbyshire County Council in Children's and Adult Services as an Occupational Therapist for 25 years:

Memberships

- HCPC registered
- Royal College of Occupational Therapists

"I love how as an occupational therapist I am able to improve clients' quality of life and independence in self care, leisure and productive occupations through holistic and person centred assessments and creative interventions"

Kathy B 2026